

MAKING ROUNDS

BOCA RATON REGIONAL HOSPITAL

WINTER 2019



The Lynn Cancer Institute: *Care The Way It Should Be*

» Story on pg. 12

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Letter from the President

JERRY J. FEDELE

Welcome to the latest edition of *Making Rounds*. We provide you with a look at many of the exciting developments at Boca Raton Regional Hospital in our clinical programs and research capabilities. You'll also note the growing list of accolades our Hospital, medical staff and various services are earning on both a national and regional level.

Our cover story examines the unique offerings our Lynn Cancer Institute provides patients and their loved ones through its Multimodality Clinics. The Institute is a pioneer in this approach to cancer care, which relieves a number of the burdens encountered by those facing a cancer diagnosis.

Lastly, you will get a glimpse into the upcoming monumental transformation of our campus and inpatient facilities. Boca Raton Regional Hospital will continue its evolution from a capable community hospital to a preeminent academic tertiary medical center that is in the vanguard of medicine today.

And while that evolution will include the creation of spectacular facilities, its significance is not that of mere brick and mortar. Rather, it is what transpires within the walls of our buildings that has fueled our renaissance and cemented our position as one of the premier healthcare providers in Florida.

Our foundation is one of renowned physician skill and expertise. Superb nursing. Cutting-edge technology. And a support staff, volunteer program and philanthropic support that is second to none.

That is what we were built on over 50 years ago. And that is what we will continue to build upon for the decades to come.

Sincerely,

Jerry J. Fedele
President & CEO

Boca Regional Garners Top-Ranked Regional Hospital Award for Fourth Consecutive Year

There are approximately 300 hospitals in Florida. *U.S. News & World Report* has ranked Boca Raton Regional Hospital among the best. In fact, Boca Raton Regional Hospital is now ranked 3rd in the Miami-Ft. Lauderdale metro area and 13th in the entire state, earning us a Best Regional Hospital designation.

U.S. News & World Report ranked Boca Regional as a high-performing hospital in abdominal aortic aneurysm repair, chronic obstructive pulmonary

disease, colon cancer surgery, heart failure and lung cancer surgery.

We're also ranked #1 in Palm Beach County. This is just another in a growing list of national honors for Boca Regional. And another way of knowing that if you're in need of advanced, high-quality healthcare, you can count on us.

 For a complete list of our accolades, visit BRRH.com/accolades.



The Marcus Neuroscience Institute Establishes Epilepsy Monitoring Unit


The Marcus Neuroscience Institute at Boca Raton Regional Hospital has established an Epilepsy Monitoring Unit (EMU). The Unit is designed to evaluate, diagnose and treat intractable seizures in adult patients.

In the EMU, seizures are recorded and studied so that proper diagnosis can be made and treatment can be optimized. Patients who suffer from seizures that are difficult to diagnose and manage are those most likely to be admitted, as well as those who are being considered for seizure surgery.

Patients who take medication to control seizures may have their dosage adjusted or discontinued to increase the probability of seizure activity, providing the opportunity for them to be recorded and analyzed. The anticipated length of stay in the EMU varies with each patient, depending upon the tests and monitoring required and the number of seizures each patient experiences.

Staffed with specially trained medical, nursing and technical personnel, the EMU is equipped with computer-based monitoring equipment designed for the evaluation of seizure disorders 24 hours a day.

"The ability to continuously monitor each patient in the EMU allows our team to refine diagnoses and respond in real time to a patient's needs as a seizure occurs," said Pooja Patel, MD, Director of the Epilepsy Monitoring Unit at the Institute.

 For more information on the programs at the Marcus Neuroscience Institute, call [561.955.4600](tel:561.955.4600).

Boca Raton Regional Hospital Receives Stroke Achievement Award

Boca Raton Regional Hospital has received the American Heart Association/American Stroke Association's Get With The Guidelines® Stroke Gold Plus Elite Plus Quality Achievement award. The award recognizes the Hospital's commitment to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines founded on the latest scientific evidence.

The Hospital earned the award by meeting specific quality achievement measures for the diagnosis and treatment of stroke patients at a set level for a designated period. These measures include evaluation of the proper use of medications and other stroke treatments aligned with the most up-to-date, evidence-based guidelines with the goal of speeding recovery and reducing mortality and disability for stroke patients. Before discharge, patients should also receive education on managing their health, get a follow-up visit scheduled, as well as other care transition interventions.



The Proposed Gloria Drummond Patient Tower at Boca Raton Regional Hospital

More than 50 years ago, Boca Raton Regional Hospital was built for the community, by the community. Today, the Hospital has become the preeminent healthcare facility for Palm Beach County.

Having reached such momentous goals is a proud accomplishment. However, in the progressive field of healthcare, we must never become complacent. There are always advancements to implement. To remain a progressive academic medical center, one that boasts the highest caliber clinicians and distinctive specialty-service areas — we must modernize our current facilities. Our original buildings on our campus are aging and outdated.

For this reason, Boca Raton Regional Hospital has developed plans for a critically needed expansion and renovation, which

includes: the new Gloria Drummond Patient Tower, an expansion of the Marcus Neuroscience Institute, renovation of the existing Hospital facility that will create an all-private patient room experience and a 972-car parking garage.

The project will be completed in several phases — beginning with the parking garage, which will break ground in March 2019 and take approximately 10 months to complete. The next phase will be the new patient tower beginning in 2020. The completion date for all phases of the project is estimated to be around 2023 or 2024.

This vast initiative will not be possible without unwavering support from our community. At Boca Raton Regional Hospital, we are very fortunate to have received extraordinary transformational

gifts from dedicated Hospital philanthropists: Elaine J. Wold; Christine E. Lynn; Stanley & Marilyn Barry; Richard & Barbara Schmidt; Louis B. & Anne W. Green; and Billi and Bernie Marcus.

These philanthropists and local leaders are setting the climate for others in our community to ensure outstanding, best-in-class medical treatment in Boca Raton. This extraordinary investment in the Hospital will allow us to continue to execute our mission of delivering the highest quality patient care and to keep pace with the rapid evolution of healthcare.



For more information on the Boca Raton Regional Hospital Foundation Capital Campaign, visit BRRH.com/keepingthepromise.



» Architectural concept of the Gloria Drummond Patient Tower Main Lobby.



» Architectural concept of the Schmidt Family Parking Facility to begin construction in March 2019.



» Architectural concept of the Gloria Drummond Patient Tower.

Boca Raton Regional Hospital Bond Rating Upgraded to A-

Fitch Ratings has upgraded the rating of Boca Raton Regional Hospital bonds from BBB+ to A-. The Rating Outlook also improved from Stable to Positive.

In 2008, when Boca Regional was facing daunting financial challenges, its bonds had been rated BBB- with a Negative Outlook by Fitch. Mirroring its financial turnaround, the Hospital has seen steady improvement with successive upgraded ratings from BBB-, to BBB, to BBB+ and now culminating with its most recent A- Positive Outlook.

“Moving through the various BBB ratings these past five years to an A rating is a real milestone in the continuing renaissance of our Hospital,” said Jerry Fedele, President and CEO of Boca Raton Regional Hospital. “It is indicative of the vitality we are experiencing not only from a financial perspective, but across all elements of our enterprise.”

In issuing its rating, Fitch cited a number of positive factors behind its analysis. Included, among others, were the Hospital’s operating performance, leading inpatient market share, continued strength of philanthropic support and investment in programs and physicians.

Boca Regional Receives Top Home Health Honor



Boca Regional has been recognized as a 2017 HomeCare Elite® organization. The HomeCare Elite® designation recognizes the top 25 percent of Medicare-certified home health care agencies in the nation. Over 9,000 home care agencies are considered. The designation is made by examining five categories: quality of care, best practice implementation, quality improvement and consistency, patient experience and financial health. To be considered, an agency must be Medicare-certified and have data for at least three outcome measures in Home Health Compare — a program created by the Centers for Medicare & Medicaid Services to provide the public with information about the quality of care provided by Medicare-certified home health agencies.

The Hospital’s Home Health services are accredited by the Joint Commission and licensed by the state of Florida Agency for Health Care Administration. All visits are conducted by licensed registered nurses and supported by resources of Boca Raton Regional Hospital.

 For more information on our Home Health Services, call 561.955.4040

University of Alabama at Birmingham Visit Boca Raton Regional Hospital



As part of this year’s festivities surrounding the Cheribundi Boca Raton Bowl, players from the University of Alabama at Birmingham visited Boca Raton Regional Hospital’s Toppel Family Place. There they met our new moms and dads, saw newborns in the nursery and learned about the maternity unit from our doctors, nurses and staff.



Cancer Image Programs No Longer Just for Women

LYNN CANCER INSTITUTE TAILORS IMAGE ENHANCEMENT PROGRAM TO MEET THE UNIQUE NEEDS OF MEN AS WELL

The Eugene M. & Christine E. Lynn Cancer Institute (LCI) created image enhancement programs for patients undergoing cancer treatment. The Be U Tiful and Him II programs help participants improve their mood, well-being and overall outlook on life by offering techniques to enhance their physical appearance.


The programs are separated by gender to meet the specific needs of its participants. The Be U Tiful program addresses the issues of women while Him II focuses on the side effects experienced by men. Him II was developed to offer services to men that are typically only available to women.

“Men are often overlooked in how they feel about their physical appearance during cancer treatment,” said Darci McNally, Director of Oncology Support Services and Community Outreach at LCI. “We created Him II as a safe space for men to learn image enhancement techniques such as selecting wigs and offering basic skincare tutorials.”

Both programs teach techniques on coping with skin changes, hair loss, hand and nail care, scar camouflage and other conditions related to cancer. Each session is led by licensed cosmetologists with over 30 years of experience in the beauty and wellness field.



The programs are open to anyone in active treatment up to one year post-treatment and not limited to only those receiving care at LCI. All participants receive a complimentary cosmetic/grooming kit to take home and put their teachings to everyday use.

 For more information on the Be U Tiful or Him II programs, call 561.955.5406.



Boca Raton Regional Hospital Completes 150th Transcatheter Aortic Valve Replacement Procedure

AT THE LYNN HEART & VASCULAR INSTITUTE

Since its inception in 2016, the Fern F. Steinfeld Transcatheter Aortic Valve Replacement Center has now successfully completed over one hundred and fifty Transcatheter Aortic Valve Replacement (TAVR) procedures — a treatment option for patients with symptomatic aortic stenosis and who are considered a high risk for standard valve replacement surgery.

TAVR delivers an artificial replacement valve through a catheter inserted through a small incision in the groin or between the ribs. The replacement valve collapses to a very small diameter and is attached to a balloon device. The new valve is then positioned inside the natural aortic valve, inflated and pushes the faulty valve aside.

Aortic valve stenosis is a type of heart disease in which the valve that regulates blood flow from the heart is narrowed and prevented from opening fully. The blockage forces the heart to work harder ultimately weakening its ability to pump blood. Approximately 2.5 million people in the United States over the age of 75 suffer from this disease.

Many patients are of advanced age or have co-existing health issues that disqualify them for traditional valve replacement. Fortunately, TAVR can serve as a more viable option that greatly reduces the procedural risk for these individuals. TAVR procedures completed at Boca Raton Regional Hospital have a mortality rate of less than one percent.

Patients usually experience an immediate benefit in terms of improved blood circulation. Because the valve replacement is done via a minimally invasive technique, most patients can expect a faster recovery period than they would from the conventional open-heart procedure.



For more information or to schedule an appointment, call Beverly Mendes, MSN, ARNP, PhD, at 561.955.5467.

CASTLE CONNOLLY
TOP DOCTORS



2018

Boca Raton Regional Hospital Claims Most "Top Docs" in Palm Beach County

For the sixth year in a row, Boca Raton Regional Hospital had the most primary-affiliated physicians of any hospital in Palm Beach County recognized as "Top Doctors" by Castle Connolly Medical Ltd. and surpassed all other institutions combined. The research firm specializes in providing consumers with information about the nation's best doctors and hospitals.

For a complete list of Boca Regional physicians who made "Top Doctors," please visit Castle Connolly's website at www.castleconnolly.com.

Boca Regional's Toppel Family Place Offers Nitrous Oxide Therapy During Childbirth

Toppel Family Place is now offering nitrous oxide as a pain management tool during labor. The blend of 50 percent oxygen with 50 percent nitrous oxide can be used on its own; or in combination with other forms of pain control such as epidural anesthesia. Nitrous oxide works by decreasing the sensation of pain and interfering with a patient's stress response to reduce anxiety.



The nitrous oxide is self-administered and can be used during all stages of labor. A face mask or mouthpiece is held by the patient with the ability to control intake until a safe maximum level has been reached. Relief can be felt within minutes. It can be stopped quickly, leaves the body within approximately five minutes and the patient can still choose another pain relief aid.

The use of nitrous oxide does not interfere with the mother's labor progress or her ability to push. It can be used at any time during labor right up to the point of birth.

Toppel Family Place Classes and Lactation Services

At Boca Raton Regional Hospital's Toppel Family Place, we know that peace of mind comes with being informed about every aspect of the prenatal and parenting experience. We are proud to offer a wide array of classes that will assist you in every step of your pregnancy. From the preparation stages, birthing methods and delivery, through your child's toddler years. Boca Raton Regional Hospital's Toppel Family Place is with you every step of the way.

Visit BRRH.com/maternity to view upcoming prenatal classes.



For more information on Nitrous Oxide Therapy or Toppel Family Place, call 561.955.5118.



Boca Raton Regional Hospital Offering New Techniques to Treat Tendon and Joint Disorders



Boca Raton Regional Hospital is now offering regenerative medicine therapy for orthopedic patients undergoing rehabilitation for conditions of the tendons, bone and peripheral joints — especially osteoarthritis of the knee. The treatment centers around the use

of the body's natural healing process to stimulate healing, diminish pain and restore natural function in the affected area.

According to Joshua Rothenberg, DO, and Director of Regenerative Medicine at the Hospital, the therapies are showing great promise and often enable patients to recover

more quickly and obtain better pain relief from their musculoskeletal injury or disability.

"I employ regenerative medicine as part of a comprehensive rehabilitation program that is focused on the strengthening of the musculoskeletal system. While the field is still relatively new, we know that the body has an inherent ability to heal itself from injury...we're simply using what nature has provided to the patient's advantage," he said.

The mainstays of Dr. Rothenberg's regenerative medicine practice are the use of platelet-rich plasma as well as new regenerative cellular treatments, which contain a patient's own mesenchymal stem cells derived

from fat tissue or bone marrow aspirate. Platelet-rich plasma is becoming increasingly recognized as a non-steroidal alternative to improving tissue healing and rehabilitation. Studies have shown its effectiveness in enhancing function and decreasing pain caused by various soft tissue, joint, ligament and tendon conditions. The therapy has generated significant publicity in recent years through its successful use by a number of professional athletes.

For more information or to schedule an appointment, call **844.BOCADOC (844.262.2362)**.

Marcus Neuroscience Institute Partners with West Palm Beach VA as a Veteran Healthcare Provider under Mission Act

Partnership with West Palm Beach Veterans Administration Medical Center enhances the well-being and care of veterans and their families.

The Marcus Neuroscience Institute partnered with the West Palm Beach Veterans Administration Medical Center to establish a Neurology and Neurosurgery alliance in accordance with the Veterans' Affairs Mission Act of 2018. The partnership guarantees local veterans have access to high-quality and cost-effective neurological care.

The collaboration has opened lines of communication to better track patient progress and outcomes. A joint committee with representatives from both groups was formed to accurately measure the impact of this relationship. Metrics are reviewed on a quarterly basis by the number of veterans served, timeliness for initial consultation to procedure, complication rate, 30-day readmission rate and patient satisfaction.



The VA Mission Act was designed to improve the VA's ability to utilize high-quality healthcare professionals, streamline VA community care programs, expand caregiver benefits to pre-9/11 veterans and create a process to examine VA's capital infrastructure to better serve veterans.

New and Improved Kathryn Krickstein Pressel MammoVan Rolls into Boca Raton

The newly designed Kathryn Krickstein Pressel MammoVan arrived last summer at Boca Raton Regional Hospital. The van travels throughout South Florida to provide early breast cancer detection services and breast health education.

The second generation Kathryn Krickstein Pressel MammoVan was significantly upgraded from the previous model to now include customized mammography and exam suites, lovely waiting area, a calming Wave Wall design and the most advanced 3D Mammography – the Senographe Pristina™. Pristina is faster, quieter and has rounded corners with contoured armrests instead of handgrips to maximize comfort during the breast exam.

The new van has begun its travels to community events, businesses and health fairs. It will typically travel 10,000 miles and visit close to 200 sites each year. Breast exam results from the van are read by the Women's Institute's internationally recognized radiologists and are available within two business days.



The Kathryn Krickstein Pressel Mammovan is made possible through the generous contributions of LPGA star and Boca Raton resident Morgan Pressel Bush, the Morgan Pressel Foundation and the St. Andrews Country Club. Morgan was inspired by her mother's fight against breast cancer. Kathryn Krickstein Pressel died of the disease in 2003 when Morgan was only 15 years old.

For more information about the MammoVan and its services, call **561.955.4HER (955.4437)**.

Visit **BRRH.com/mammovan** to request your appointment online.



The Lynn Cancer Institute:
Care The Way It Should Be

Pioneering Multimodality Care
» Continues on pg. 15



Care.

A word defined as watchful or protective attention. Prudence. Concern.



For a patient and their loved ones, seeking and receiving care that addresses the myriad facets of a cancer diagnosis should be foremost in their minds. Yet the complexity of the disease and its impact on so many fronts often gives rise to them accepting approaches to treatment that create additional challenges. At a time when life is challenging enough.

The Eugene M. & Christine E. Lynn Cancer Institute at Boca Raton Regional Hospital offers cutting-edge technology, the latest treatment regimens, access to advanced clinical trials and leading cancer specialists that are in the top of their respective fields. All in a facility that has won national awards for its healing and comforting environment.

Yet with all these capabilities, the Lynn Cancer Institute recognizes that conquering cancer requires a team approach and providing care that is truly connected and comforting.

That's why the Institute has been a pioneer in the use of what is known as Multimodality Clinics.

"Many patients find themselves having to navigate through a host of referrals, tests, treatments and office visits to various specialists," said Louise Morrell, MD, Medical Director of the Institute.

"This can give rise to significant burdens in terms of an elongated time from diagnosis to treatment, inconvenience, expense and emotional stress."

With multimodality care, the patient meets with his or her entire medical team—in one location and at one time.

At the Institute, each multimodality team is comprised of physicians and healthcare professionals who specialize in a specific site of cancer such as breast, thoracic, urological, advanced skin and gastrointestinal. The team is able to develop a highly personalized plan of care for each patient.

During the initial visit to a Multimodality Clinic, a patient will meet with a surgeon, medical oncologist, radiation oncologist, oncology social worker, oncology dietician, genetic oncologist and other specialists.

This team of providers, along with radiologists, pathologists and additional experts holds a conference to review the patient's films, biopsy slides and other test results. Recommendations for additional testing can be made at this time if clinically warranted. This level of evaluation and collaboration allows for each of the specialists involved in the patient's care to create a coordinated and comprehensive treatment plan.

"In a traditional setting, developing a treatment plan requires the patient to travel to multiple physician offices for multiple visits or tests and a very protracted period of time to come up with a definitive and cohesive approach to the patient's care," commented Dr. Morrell.

"You can imagine what a patient and family satisfier it is to condense all of that into one visit and at one location through the multimodality approach..."

...and it's more than just logistics. In the final analysis, it's simply good medicine," adds Dr. Morrell.

Yet the depth of cancer care at the Lynn Cancer Institute is not limited to that of its Multimodality Clinics. Robust nutritional and psychosocial programs



as well as nurse navigators who function as an individual's point person during care are all part of the patient-centric offerings at the Institute.

"At the Institute, we believe in the adage that nobody cares how much you know until they see how

much you care," noted Dr. Morrell. "Through our multimodality clinics and other services, we show patients everything that is good in both the science...and the art...of cancer care."

 For more information about the Lynn Cancer Institute and its Multimodality Clinics, call 561.955.6627.

Lynn Cancer Institute Continues to Add Renowned Specialists to its Staff

Ari Silverstein, MD, is a board-certified urological surgeon who specializes in general urology and urologic oncology. His expertise is in the surgical treatment and management of bladder cancer, erectile dysfunction, kidney cancer, kidney stones, male infertility, prostate cancer and urologic infections.



Dr. Silverstein earned his undergraduate degree at Vanderbilt University and his medical degree from Emory University School of Medicine. His postgraduate training included a residency program in general surgery at Duke University Medical Center, where he served as senior urology resident, chief urology resident and completed an urology research fellowship.

Dr. Silverstein is certified by the American Board of Urology and Fellow American College of Surgeons.

John Roberts, MD, MBA, is a board-certified thoracic surgeon who specializes in minimally invasive thoracic surgery, including thoracoscopy, robotic surgery and other surgical treatments of lung and esophageal cancers.



Dr. Roberts earned his medical degree with honors from Yale University and earned his Masters of Business at Auburn University. His postgraduate training included an internship and residency program in surgery at Johns Hopkins Hospital, where he served as chief resident in surgery and completed an oncology and trauma fellowship. Dr. Roberts went onto complete an additional residency in cardiothoracic surgery at Brigham and Women's Hospital, affiliate of Harvard Medical School.

Dr. Roberts is certified by the American Board of Surgery and American Board of Thoracic Surgery.

Lynn Cancer Institute Receives Accreditation from Commission on Cancer

The Lynn Cancer Institute (LCI) at Boca Regional once again received a three-year accreditation from the Commission on Cancer (CoC), a program of the American College of Surgeons. The CoC evaluates cancer care programs on their commitment to provide comprehensive, high-quality and multidisciplinary patient-centered care.

The commission evaluated the Institute on 29 standards based on program management, clinical services, continuum of care services, patient outcomes and data quality. In addition to the accreditation, LCI received five high commendations for standards of clinical research accrual, public reporting of outcomes, College of American Pathologists protocols and clinical documentation, oncology nursing care and data submission accuracy.

The Accreditation Program, a component of the CoC, sets quality-of-care standards for cancer programs and reviews the programs to ensure they conform to those standards. Accreditation by the CoC is given only to those facilities that have voluntarily committed to providing the highest level of quality cancer care and that undergo a rigorous evaluation process and review of their performance.





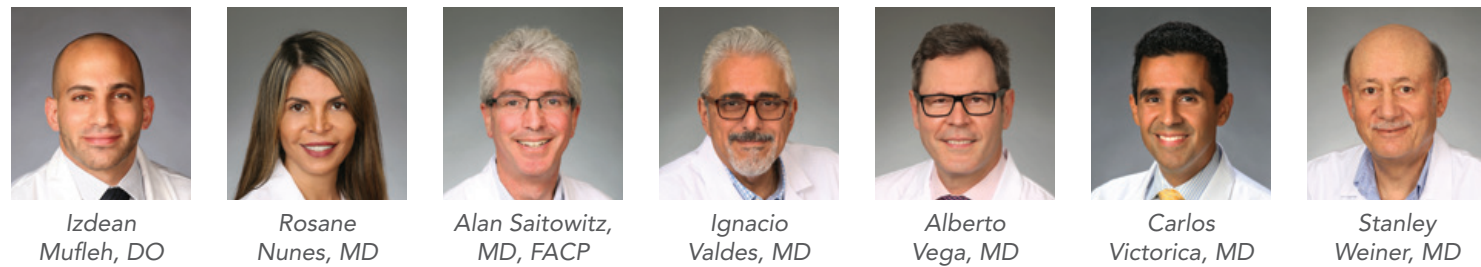
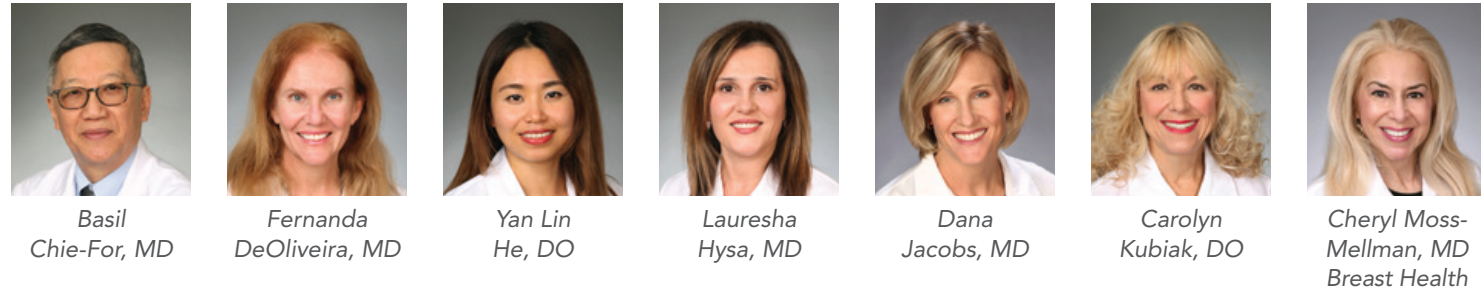
BOCACARE[®]

BOCA RATON REGIONAL HOSPITAL PHYSICIAN NETWORK

The BocaCare[®] Physician Network is committed to providing high quality medical care that is community oriented. We pledge to provide ethical, comprehensive and compassionate care in a cost-effective manner to all members of the families we serve. **For more information, call 1.844.BOCADOC (844.262.2362) or visit BocaCare.com.**

PRIMARY CARE & URGENT CARE

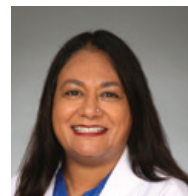
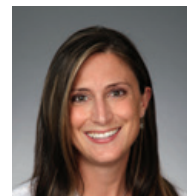
PRIMARY CARE



CONCIERGE MEDICINE



URGENT CARE



MEDICAL SPECIALISTS

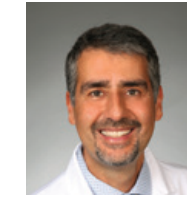
BEHAVIORAL HEALTH



CANCER GENETICS



CARDIAC ANESTHESIOLOGY



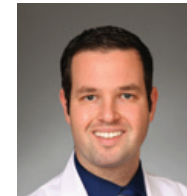
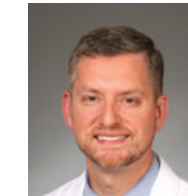
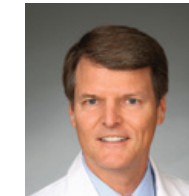
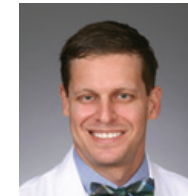
NEUROLOGY



NEUROLOGY (continued)



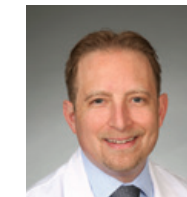
RADIATION ONCOLOGY



SPORTS MEDICINE

SURGICAL SPECIALISTS

BREAST SURGERY



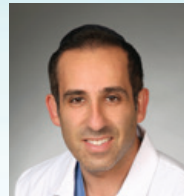
CARDIAC SURGERY

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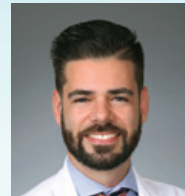
**COLO-RECTAL AND
GENERAL SURGERY**



Andrew S.
Ross, MD,
FACS, FASCRS



Avraham
Belizon, MD,
FACS



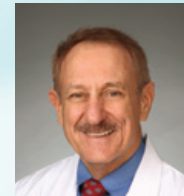
Jordan S.
Moseson, DO,
FACS



Jose F.
Yeguez, MD,
FACS



David
Forcione, MD



Stephen
Steinberg, MD,
FACP, FAGG



S. Forrest
Dodson, MD,
FACS

**ADVANCED
ENDOSCOPY**

**HEPATOBIILIARY
& PANCREATIC
SURGERY**

NEUROSURGERY



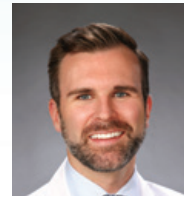
Frank D. Vrionis,
MD, MPH, PhD



Timothy
Miller, MD



Evan M.
Packer, MD,
FAANS, FACS

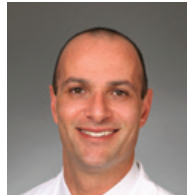


Brian M.
Snelling, MD



Lloyd
Zucker, MD,
FAANS

ORTHOPEDICS



Jonathan
Courtney, MD



James R.
Ross, MD



Justin M.
Weatherall, MD



Carlos
Velez, MD,
FACC, FSCAI



John
Roberts, MD,
MBA



Elizabeth Babin,
MD, MS, FACOG,
FPMRS, CGE

**STRUCTURAL
TAVR HEART**

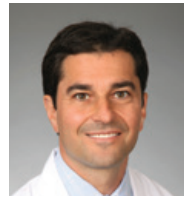
**THORACIC
SURGERY**

**UROGYNE-
COLOGY**

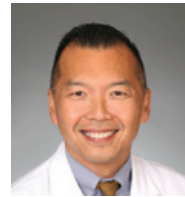
**UROLOGY &
UROLOGICAL SURGERY**



Ari
Silverstein, MD



David Taub, MD,
MBA, FACS



W. Anthony
Lee, MD, FACS



John C. Motta,
MD, FACS



Matthew A.
Klein, MD, FACS

**VASCULAR &
ENDOVASCULAR SURGERY**

**VEIN
THERAPY**

New Physicians Join Boca Regional and BocaCare®–Physician Network

Kerry-Ann McDonald, MD, is a board-eligible breast surgeon within the BocaCare® Physician Network at the Lynn Women's Health & Wellness Institute. She specializes in benign and malignant breast disease. She received her medical degree from the University of Rochester School of Medicine and Dentistry. She then completed her General Surgical Residency at the University of Pittsburgh Medical Center followed by a Breast Surgical Oncology Fellowship at Roswell Park Cancer Institute.

Dr. McDonald is a member of the American College of Surgeons, American Society of Breast Surgeons, Association for Academic Surgery, Association of Women Surgeons and Society of Surgical Oncology. She has been published in such prestigious peer-reviewed publications as *Annals of Surgical Oncology*, *Journal of Vascular Surgery*, *Molecular Medicine Reports* and *Proceedings of the National Academy of Sciences of the United States of America*.



David G. Forcione, MD, is an advanced therapeutic endoscopist within the BocaCare® Physician Network at the Center for Advanced Therapeutic Endoscopy. Dr. Forcione is a nationally known expert who specializes in interventional endoscopy, including disorders of the pancreas and bile ducts, early gastrointestinal malignancies (Barrett's esophagus and complex colon polyps) and minimally invasive endoscopic therapies. He has a special interest in new device and technology implementation. Dr. Forcione most recently served as the acting head of Advanced Therapeutic Endoscopy at the Massachusetts General Hospital where he has been since 1998.






Dr. Forcione earned his medical degree as valedictorian from Boston University School of Medicine, matriculating through the Seven Year BA/MD program. He completed his postgraduate training including internship, residency, clinical fellowship and research fellowship at the Massachusetts General Hospital. He also completed a fellowship in Advanced Therapeutic Endoscopy at Massachusetts General Hospital and Brigham and Women's Hospital. He was an Assistant Professor of Medicine at Harvard Medical School where he also completed the Harvard Leadership Course.

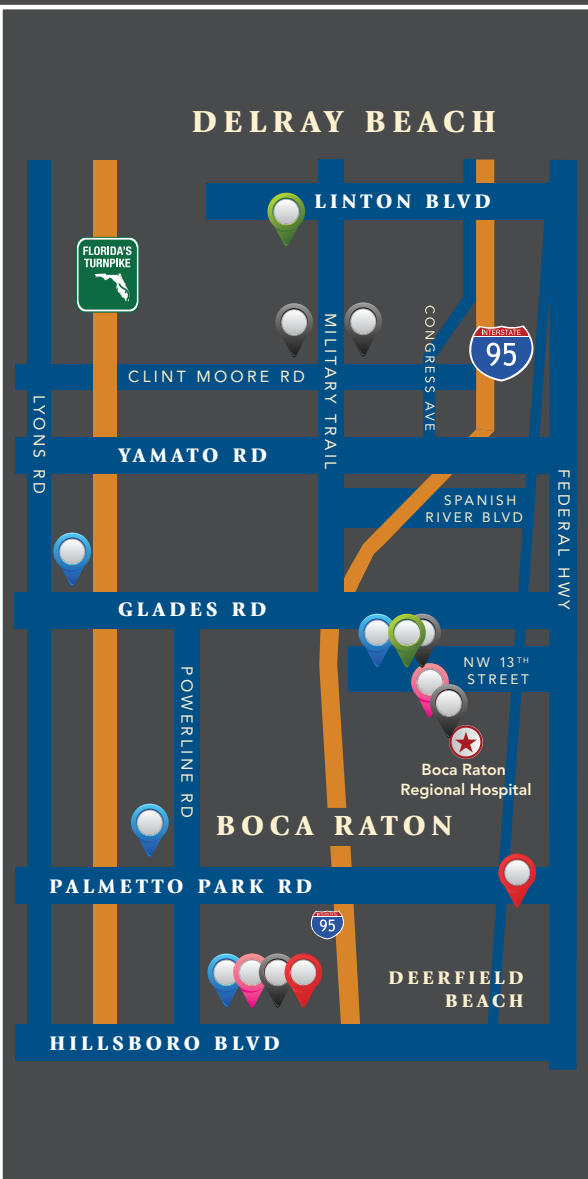
While at Massachusetts General Hospital, Dr. Forcione held numerous positions in the Division of Gastroenterology including Associate Director of Interventional Endoscopy and Chair of the Gastrointestinal Unit Device and New Technology Committees. He also participated in the training of over 50 physicians in their Advanced Endoscopy and Gastrointestinal Fellowships, and was the recipient of the Schapiro Award recognizing the best faculty teacher.

Dr. Forcione is certified by the American Board of Internal Medicine in Gastroenterology and Internal Medicine.



COMMUNITY-BASED
BOCA REGIONAL SERVICES

-  Boca Raton Regional Hospital
-  Outpatient Imaging Services
-  BocaCare® – Primary Care
-  Radiation Oncology
-  The Schmidt Family Center for Breast Care
-  Urgent Care



Orthopedic Institute

AT BOCA RATON REGIONAL HOSPITAL



Boca Raton Regional Hospital's Orthopedic Institute offers the most sophisticated and innovative care in a variety of sub-specialties, including arthritis treatment, hip and knee replacement, spinal surgery, shoulder surgery and sports medicine. The dedicated team of physicians, nurses, physical therapists and other healthcare professionals is focused on improving the lives of patients by alleviating pain, promoting speedy recoveries and returning patients to a state of independence.

The Orthopedic Institute provides state-of-the-art total knee replacement and minimally invasive surgical techniques like anterior hip replacement, which provides patients with a faster recovery,

less pain and enhanced mobility. The Institute specializes in hip arthroscopy, a surgical procedure that gives doctors a clear view of the inside of a hip joint to better diagnose and treat hip problems.

Its advanced preoperative navigation system gives surgeons added precision in the operating room. Pain management protocols and a team approach to care are considered best practices in the field. All in an orthopedic unit that features private rooms with patient amenities such as flat-screen TVs and WiFi.

 For additional information, visit BRRH.com.

When it Comes to Your Scripts, We'll Save You the Trip

Many of the medications most commonly prescribed by the medical team at Boca Raton Regional Hospital Urgent Care are now offered onsite — saving patients a trip to the pharmacy. The centers offer antibiotics, antivirals and other short-term medications for convenience related to treatment.

Patients are also provided with easy access to nationally-recognized programs at Boca Raton Regional Hospital should they have a condition that requires hospital-based care.

The urgent care centers are located in Downtown Boca Raton at 10 E Palmetto Park Road and in Deerfield Beach at 3313 W Hillsboro Boulevard, Suite 100.



Both centers are open from Monday to Friday from 8:00am to 8:00pm and weekends from 9:00am to 3:00pm.

Walk-ins welcome. For more information, call **833.SURGENT (833.587.4368)** or visit BRRH.com/urgentcare.

Access to Premier Imaging Services

TO SCHEDULE AN EXAM, CALL 561.955.4700



	Boca Raton Regional Hospital	Boca Clinic	Clint Moore	Outpatient Center Deerfield Imaging	Lynn Cancer Institute Sandler Pavilion	The Schmidt Family Center for Breast Care Deerfield	Lynn Women's Health & Wellness Institute
	800 Meadows Road Boca Raton	1601 Clint Moore Road Suite 140 Boca Raton	1905 Clint Moore Road Suite 114 Boca Raton	3313 W Hillsboro Blvd. Deerfield Beach	701 NW 13th Street Boca Raton	3313 W Hillsboro Blvd. Deerfield Beach	690 Meadows Road Boca Raton
MultiSlice CT	✓	✓	✓	✓	✓		
Cardiac CT	✓						
MRI	✓	✓	✓	✓	✓		✓
3T MRI	✓				✓		✓
SPECT/CT					✓		
Nuclear Medicine	✓				✓		
PET/CT Scan					✓		
Ultrasound	✓	✓	✓	✓	✓	✓	✓
Digital X-ray	✓	✓	✓	✓	✓		✓
Interventional Radiology	✓						✓
Breast MRI/PEM							✓
Digital Mammography	✓	✓				✓	✓
Molecular Breast Imaging (MBI)							✓
Tomosynthesis (3D)		✓		✓		✓	✓
Senographe Pristina™		✓				✓	✓
Bone Densitometry						✓	✓
Contrast Enhanced Spectral Mammography (CESM)							✓
Lab Services	✓		✓				

Request Your Imaging Appointment Online

Scheduling an imaging procedure is now easy. Boca Raton Regional Hospital has implemented its new online scheduling process to assist you in finding the right service and location for your needs.

The scheduling system is available for the services listed above. The simple process is designed to accommodate your schedule and ensure a smooth visit.

Follow these steps:

- 1** Visit BRRH.com/imaging.
- 2** Fill in your information while following the prompts.
- 3** A member of our staff will reach you within 48 hours to confirm your appointment details.



If the examination you need is not listed as an option or you prefer to request your appointment by phone, please call us at 561.955.4700.



Boca Raton Regional Hospital
800 Meadows Road
Boca Raton, FL 33486

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**When it comes to treating
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this is a
time machine.**

It's the Accuray CyberKnife® M6™ System. And for men with prostate cancer, it's a time machine. That's because it can reduce the amount of time needed for radiation therapy of the prostate from nine weeks to one.

It's also pain free, requires no anesthesia and allows for an immediate return to normal activities. And at the Lynn Cancer Institute, we combine it with the use of the SpaceOAR® System, which spares rectal tissue in men receiving prostate cancer radiation therapy.

The CyberKnife M6. It's surgery without a knife...a game changer in radiation therapy. There are less than 20 in the entire country. One of them is at the Lynn Cancer Institute at Boca Raton Regional Hospital.



For more information or to schedule an appointment, call **561.955.4000**.

