

# Women Living with Heart Disease Support Group



## 2023 Virtual Meetings

**Second Thursday  
of the month**

**1:30 – 3:00 p.m.**

Presented on Zoom

**For information or to RSVP,** contact Tammy Benson at 954-240-6397 or Nancy Edelman at 561-289-8975.



Christine E.  
**Lynn Women's Health &  
Wellness Institute**  
BAPTIST HEALTH SOUTH FLORIDA

**WomenHeart and the Christine E. Lynn Women's Health & Wellness Institute** offer monthly support groups for women living with heart disease.

- Learn how to improve your heart health.
- Meet and connect with other women living with heart disease or a cardiac condition.
- Hear from a variety of healthcare and wellness professionals.

Join our email list for important health updates at [\*\*WIPrograms@brrh.com\*\*](mailto:WIPrograms@brrh.com).

To learn more about WomenHeart, visit [\*\*WomenHeart.org\*\*](http://WomenHeart.org).