



May/June 2017

# InnerView

THE NEWSLETTER OF THE DEBBIE-RAND MEMORIAL SERVICE LEAGUE



BOCA RATON  
REGIONAL HOSPITAL  
DEBBIE-RAND MEMORIAL  
SERVICE LEAGUE, INC.

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## Volunteer of the Year

Before Mary Watts retired from teaching, she told her colleagues she was going to volunteer at Boca Regional in the nursery. When she joined the Debbie-Rand Memorial Service League in 2010, there were no openings and she was asked to volunteer as a secretary in the Volunteer Office. Today, she is still in that position and has logged almost 2,400 hours of service.

In 2012, Mary was elected to the Debbie-Rand Memorial Service League's Board of Trustees. She has taken an active role in fundraising, arranging Hoffman's Chocolates® events and has chaired several committees.

Mary is a life-long Floridian. Born and raised in Fort Myers, she earned her degree at the University of South Florida and moved to Fort Lauderdale in 1972. She enjoyed a teaching career in Broward County for more than 30 years. Mary and her husband, John, have two sons. Andy and his wife, Holly, live in Orlando with their two children. Michael and his wife, Irene, live in Margate with their two sons.

Mary is an active member of Alpha Delta Kappa, an honorary international teaching sorority. She enjoys traveling, playing cards, volunteering at her grandson's school and spending time with her grandchildren.

Thank you, Mary, for your wonderful service to the Debbie-Rand Memorial Service League and Boca Raton Regional Hospital.

# MEMBERS CORNER



## MEMBERSHIP REPORT: MARCH 2017

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### Active Members

General: 417

TAV: 101 | College: 77 | Life: 11

### Inactive Dues-Paid Members

General: 223 | College: 10

Life: 166

**Total: 1,005**

## Hours Report:

### TEENAGE VOLUNTEERS (TAV):

1,208.69 hours

100 TAVs

### COLLEGE VOLUNTEERS:

909.73 hours

68 volunteers

### ADULT VOLUNTEERS:

9,856.33 hours

417 volunteers

### TOTAL:

11,974.75 hours

585 volunteers



## MEMBERSHIP REPORT: APRIL 2017

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### Active Members

General: 411

TAV: 95 | College: 78 | Life: 16

### Inactive Dues-Paid Members

General: 244 | College: 18

Life: 168

**Total: 1,030**

## Hours Report:

### TEENAGE VOLUNTEERS (TAV):

1,231.58 hours

93 TAVs

### COLLEGE VOLUNTEERS:

924.56 hours

67 volunteers

### ADULT VOLUNTEERS:

8,516.18 hours

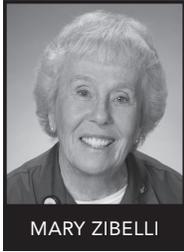
405 volunteers

### TOTAL:

10,672.32 hours

565 volunteers

## May Volunteer of the Month



MARY ZIBELLI

Mary Zibelli joined D-RMSL in 2002 and has logged over 2,000 hours of service. She has volunteered in several areas around the Hospital including the Front Desk, IV Therapy, Endoscopy, the Emergency Department and

the Rockwell Suites. Mary currently enjoys working at the Surgi-Center.

Mary and her husband, Ron, moved to Boca Raton after Ron retired from Xerox Corporation in 1999. During their 30 years in Wilton, Connecticut, their four children grew up — now three are in their 50s and one daughter was lost to cancer. They have two grandchildren.

Mary is an education graduate from George Washington University in Washington, D.C. She worked briefly in religious education but had mainly been an active volunteer at an AIDS Hospice and assisted with running a soup kitchen in Danbury, Connecticut.

Mary and Ron are snowbirds and spend four months a year in Nantucket, Massachusetts. Up north, Mary volunteers in the walk-in clinic at Nantucket Cottage Hospital.

In her spare time, Mary enjoys playing cards, knitting, cross-stitching and reading.

Thank you, Mary, for all of the support you give D-RMSL and Boca Regional.

## June Volunteer of the Month

PHOTO  
NOT AVAILABLE

JEAN-ELLEN  
RIESS

Jean-Ellen Riess joined D-RMSL in September of 2014. She currently volunteers at the Eugene M. & Christine E. Lynn Cancer Institute in the Radiation Oncology department and has logged over 700 hours of service.

Jean-Ellen moved to South Florida from New Jersey with her family in 1969. She has watched Boca Raton Regional Hospital evolve over the years and her family has been given the best treatment every time it has been needed.

She takes care of her 97-year-old mother and in her free time she volunteers at the Hospital, which she states has been so good to her over the years.

Jean-Ellen is blessed with many friends, some of which she has made during her time volunteering at Boca Regional.

D-RMSL and Boca Raton Regional Hospital thank you, Jean-Ellen, for all you do for us.

## Welcome, New Volunteers

Ernestina Addo-Noble	Dana-Lee Bowles	Sarah Fernandez	Anil Kurumlu	Santiago Ordonez
Efrain Aguayo Malloon	Captain Brathwaite	Marcia Getz	Jean Levy	Stanley Packman
Caroline Almagarby	Keoni Campbell	Elazar Greenwald	Nina Mako	Izabela Pando
Jasmine Baboolal	Leonard Chase	Nicolas Hallman	Nancy Marcus	Kristian Rivera
Nola Baboolal	Jason Clary	Lauren Hankey	Judith Maxy	Angelica Romero
Spencer Bevan	Fernando De Souza	Lillian Hines	Katherine Miller	Clara Sadia
Zachary Bishop	Paulte Dupont	Allan Kaplan	Elizabeth Mittelmark	Joan Samitt
	Megan Familia	Arnold Krigsman	Adam Nakash	Esther Toledo
	Tamore Fariad	Merle Krimsky		



## A Thank You To Our Volunteers

During the week of April 23 through April 29, our nation once again paused to recognize our country's outstanding tradition of volunteerism through National Healthcare Volunteer Week. At Boca Raton Regional Hospital, we too celebrated the remarkable contributions made by our volunteers through our Debbie-Rand Memorial Service League's Annual Volunteer Luncheon and other recognitions.

As all of us are aware, our present-day volunteers carry on the extraordinary legacy that was started over 50 years ago by our founder, Gloria Drummond. The "Miracle on Meadows Road" was created and sustained through the relentless efforts of thousands of people who realized that, as individuals and as an organization, we truly rise by lifting others. And the Debbie-Rand Memorial Service League was at the heart of it all.

In today's hectic world it is easy to underestimate the power of a touch, a smile, a kind word, a listening ear or the smallest act of caring, all of which have the potential to turn around the day for someone in need. At Boca Regional, while we formally recognize the efforts of our volunteers in terms of hours given, we know that it is the depth of their commitment, the quality of their service and the end results of their devotion that count the most. Our Debbie-Randers give of their time; but more importantly, they give of their hearts.

At this very special Hospital, in this very special community and in this very special 50th anniversary year, you have shown that volunteering is not merely a choice but more a responsibility. A responsibility that was born out of tragedy and community need. A responsibility that has been met in times of great success and in times of great challenge. A responsibility that the men and women of the Debbie-Rand Memorial Service League rise up to day in and day out with a level of volunteerism that is unmatched in healthcare.

On behalf of our Senior Management Team and our entire Hospital staff, I thank you for your service to others.

**One Team. One Mission.**

**Jerry J. Fedele** | President & Chief Executive Officer

## In Recognition of Edmund Nasralla

WRITTEN BY: HOWARD SHORE

"The most precious thing I have to give is my time." – Silvia Hartmann

This May, my friend and fellow board member, Edmund Nasralla, will step down as the D-RMSL President. Edmund has lead with pride and determination. As I worked with him, I have witnessed his drive to improve the League, financially with the Debbie-Rand Scrubs and Uniform Shop initiative, and his commitment to ensure our continued honor and remembrance of our founder, Gloria Drummond. He was proud to be a member of D-RMSL, promoting the League and its contributions throughout the Hospital, while earning the respect of administrators. He valued the "gift of time" from volunteers and their pledge to enhance the patient experience through service. Edmund was mindful of the commitment to excellence by Hospital staff. He would remind us to acknowledge one another daily with a smile or hello as we went about our way. And he thoroughly enjoyed interviewing young people who applied for the TAV program, seeing in them a bright and productive future.

Edmund lived his position as President proudly and he will be truly missed. On behalf of the Board, and as someone who has become a "brother for life," I want to thank him for his leadership and dedication to D-RMSL.



## A Message from Your President

"You make a living by what you get; you make a life by what you give." – Winston Churchill

Many of us have made our living and now enjoy the luxury of time that comes with retirement. If we have good health and few family obligations, we can choose what to do with our time. After 30 plus years as a public service administrator in Tallahassee and a move to South Florida, I had a brief brush with retirement. I missed the interaction with adults other than my significant other, and to some degree the routine, so I worked part-time at Florida Atlantic University as a media liaison. After six years, I gave retirement another try. This time, it took, or so I thought. About a year in, I needed something more; my life needed a new purpose and I wanted to choose what I wanted to be. I chose volunteering.

Healthcare was an early personal interest not pursued. Volunteering at Boca Raton Regional Hospital filled that need. Twice a week I helped patients and nurses in the chemotherapy treatment room at the Lynn Cancer Institute. It was hard work, with my Fitbit surpassing 12,000 steps most days, but a wonderful learning and caring experience. After three years, a bad knee and the sadness and frustration following therapy that did not succeed for some of those I grew to know and love, I had to find something different. That led to volunteer service in the Surgi-Center, newborn nursery and Marcus Neuroscience Institute (MNI).

Currently, I serve as a patient care volunteer for MNI. In 2014, I was asked to join the team of dedicated volunteers who serve as your D-RMSL board members. The volunteers who preceded us, made a life by what they gave. This May, my fellow board members entrusted me to serve as your President, giving me an opportunity to continue the outstanding service of our organization, our volunteers, past Presidents and founder, Gloria Drummond. It is an honor to do so.

**Sherry Thomas** | President of the Debbie-Rand Memorial Service League



*Making Headlines*

**Making Headlines** is an effort to keep all of our employees, physicians and volunteers informed about news regarding the Hospital.

This section provides you with a list of recent press releases that have been submitted to the media, as well as to our local civic leaders and government representatives.

To review any of our press releases online, visit [BRRH.com](http://BRRH.com). You'll find all of our current announcements on the home page.

### **April 11, 2017**

Boca Raton Regional Hospital Forms Mended Hearts Chapter

### **April 17, 2017**

Leading Local Neurologists Join Marcus Neuroscience Institute at Boca Raton Regional Hospital

### **April 19, 2017**

Lynn Cancer Institute Director Receives American Cancer Society Honor

### **April 25, 2017**

Father and Son Urologists Join Boca Raton Regional Hospital

### **May 1, 2017**

Boca Regional Opens New Physical Rehabilitation Institute

### **May 4, 2017**

Sixth Annual Run for the Ribbons at the Lynn Cancer Institute

### **May 8, 2017**

Boca Raton Regional Hospital Offers the World's Smallest Pacemaker

### **May 10, 2017**

Boca Regional Physicians Recognized as Top Doctors

# Celebration of Service and Annual Meeting

We held our Celebration of Service and Annual Meeting on Friday, May 19. Attendees participated in congratulating their fellow D-RMSL volunteers during the awarding of service hour pins. A buffet luncheon and a great afternoon was enjoyed by all.



## TAV Spotlight

### D-RMSL Teenage Volunteer Service Excellence Award



Lee Goldring moved to Boca Raton from Los Angeles, California in December of 2016 and immediately began volunteering for D-RMSL as a TAV. She is currently assisting in several departments including Endoscopy, IV Therapy, Patient Library and Volunteer Services. Lee has accumulated 280 hours of service.

Lee was homeschooled and graduated from Laurel Springs High School in July of 2016. This fall she will start at the University of California, San Diego with the hopes to become a pediatric surgeon. In addition to volunteering, Lee has been involved in programs shadowing physicians, including one at a medical spa.

D-RMSL and Boca Raton Regional Hospital are grateful to have you, Lee, and we wish you the best. Thank you for your service.

# Debbie-Rand Memorial Service League's Volunteer Appreciation Luncheon

April 25, 2017 | Boca West Country Club





## Gloria Drummond Nurse Award

Darlene McKenney, RN, NICU, was presented with the 2017 Gloria Drummond Nurse Award at this year's Nursing Excellence Awards Ceremony. She began working at Boca Regional in 2005. Darlene is a skilled clinician, able to care for the most high risk or sick baby. She gives family centered care and is able to support and educate families about their baby and highlights any progress made, however small it may be. She does this in a way that the parents are able to understand, and in a very reassuring and nurturing manner.

Darlene is always willing to help out and go the extra mile. She can be relied upon to ensure the patients have the best birth experience possible, even if that experience has necessitated a baby being admitted to the NICU unexpectedly.

Darlene is kind, considerate, compassionate and caring. She has an ever present smile and a positive attitude. Congratulations, Darlene!

## Giving Back to Those Who Give

WRITTEN BY: JOAN GRIDLEY

Giving back — how do we do that? It is that time of year where we are in a celebrative mode to honor and appreciate all those who contribute their expertise to the running of Boca Raton Regional Hospital.

What would make a difference to the doctors who studied and trained for years to earn their expertise, to the nurses who lovingly care for their patients and are the right hands of the doctors, to the administrative staff, cooks, maintenance, security and especially the volunteers? We thank them with luncheons, plaques, pins and praises, which is as it should be. However, have you ever watched a volunteer leaving their shift in their crisp blue jacket adorned with their angel and coveted service pin? They are saying to themselves, with a sigh and a smile: "I did well today and it was appreciated."

That, my fellow "givers," is really all that matters — a genuine thank you. No matter what form it comes in, it lets us know that you care. It is enough!



# Magazines Needed

Want to donate your magazines instead of recycling them? The Debbie-Rand Memorial Service League would love to take your donations. Please bring your used magazines (up to six months) to the Volunteer Office or the Volunteer Services/Patient Discharge area in the main lobby. These resources supply our patients and visitors with much-needed reading materials.

Please contact the Volunteer Office at 561.955.4098 if you have any questions.



# Donations Needed

Please donate your gently used clothing, shoes, linens, children's items and books. Donation drop boxes are provided for your convenience at the following locations:

- » The Gloria Drummond Physical Rehabilitation Institute – 650 Glades Road
- » Finance Department – 745 Meadows Road, Second Floor
- » Debbie-Rand Memorial Service League Auxiliary Office – 800 Meadows Road

Free furniture pick-up and packing is available upon request. Larger items such as oversized kitchen appliances and small TVs must be delivered to the Debbie-Rand Thrift Shoppe. If you wish to receive an itemized tax receipt, all donations must be dropped off at the Thrift Shoppe.

Located at 903 Meadows Road, Boca Raton, FL 33486, the Thrift Shoppe is open Monday through Saturday from 9:00am to 4:00pm. Call 561.395.2208 with any questions.



## MAY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## JUNE

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

MAY / JUNE 2017

## Meetings, Events & Important Dates:

### MEMORIAL DAY

MONDAY, MAY 29

### FLAG DAY

WEDNESDAY, JUNE 14

### FATHER'S DAY

SUNDAY, JUNE 18

# TAV Scholarships

On behalf of the Debbie-Rand Memorial Service League, Inc., it is with great pleasure that we recognize and congratulate the following students who are receiving one of our scholarships:

- » Jonathan Chin Cheong
- » Lee Goldring
- » Brenda Gomes
- » David Jaco
- » Nishat Khan
- » Melody Khoriaty
- » Ryan Lim
- » Rachel Metzner
- » Yash Moondhra
- » Brian Nudelman
- » Luis Osellame
- » Gleydston Perdigao
- » Sylvie Pierre
- » Chandler Trousdale

Ten of these scholarships, for those going into the nursing/medical field, were made possible by a grant from the Schmidt and Barton Family Fund. D-RMSL scholarships are awarded based upon the recommendation of the Scholarship Committee with the final approval of the Board of Trustees of the Debbie-Rand Memorial Service League, Inc. Scholarship funds are awarded directly to the school the student will attend and the number of scholarships awarded each year is based upon the number of applications and recommendations of the Committee.

We wish you nothing but the best as you begin your college endeavors. Congratulations again to our outstanding graduates!

### Mary Watts,

D-RMSL Scholarship Committee Chairman

### Edmund Nasralla,

Past President of Debbie-Rand Memorial Service League





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GIFT SHOP

561.955.4100

## Safety Matters: Volunteer Trivia

D-RMSL is committed to ensuring our volunteers have the knowledge needed to keep themselves and our patients safe. As part of this commitment, we will provide a safety question each edition. These questions represent what a volunteer may be asked by The Joint Commission surveyor during a visit.

Congratulations to Phyllis Sacks, who correctly answered last month's question: **When transporting a patient, you should enter and exit elevators with which wheels entering first? The answer is the back wheels.** Contact Aimee Yahn-Carmichael for your prize!

Next edition's trivia question: **R.A.C.E. is the emergency procedure that we follow if there is a fire. What does R.A.C.E. stand for?** The first person who emails Aimee at [ayahn-carmichael@brrh.com](mailto:ayahn-carmichael@brrh.com) with the correct answer will win Cinemark Platinum Supersaver movie tickets. Good luck!



## You'll Celebrate the Treasures You Find

Stop by the **Debbie-Rand Thrift Shoppe** for all the sales and to take advantage of great deals.

**Monday – Saturday: 9am – 4pm**

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