



September 2015

InnerView

THE NEWSLETTER OF THE DEBBIE-RAND MEMORIAL SERVICE LEAGUE

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**INTERESTED IN
VOLUNTEERING?
CALL 561.955.4098**

You Are Invited to the 53rd Anniversary Luncheon of the Debbie-Rand Memorial Service League, Inc.

Tuesday, October 27, 2015 | 11:00am – 1:30pm
Boca West Country Club | 20583 Boca West Drive, Boca Raton



A most delightful event is planned to celebrate the Debbie-Rand Memorial Service League's 53rd anniversary. The luncheon begins with drinks and appetizers and after your lunch, enjoy a fashion show compliments of the Debbie-Rand Thrift Shoppe with accessories from the Gift Shop, featuring our own volunteers. Raffles and a grand-prize drawing will conclude the event. The reservation form is on page three and tickets for the grand-prize drawing are available at the Volunteer Office and Thrift Shoppe. Raffle tickets can be purchased at the event. Family and friends are welcome!

MEMBERS CORNER

MEMBERSHIP REPORT: AUGUST 2015

General: 707

Life: 191

Honorary: 2

Total: 900

HOURS REPORT:

TEENAGE VOLUNTEERS (TAV):

1,408.67 hours

100 TAVs

ADULT VOLUNTEERS:

10,226.78 hours

425 volunteers

TOTAL:

11,635.45 hours

525 total volunteers

Welcome, New Volunteers

Andressa Balbi	Joan Mayerson
Richard Blackwell	Harriet Newman
Samantha Bodner	Brandon Otero
Rosary Bunyan	Allen Parks
Deborah Campbell	Bernice Parks
Linda Cohen	Marissa Pergament
Iris Engel	Brittany Polly
Sima Greenblat	Katherine Ruenes
Kaitlin Hebert	Gerald Schnee
Josephine Jean Pierre	Vivian Senerote
Jonathan Joseph	Manushka St. Felix
Arielle Juillet	Trudy Stamos
Natalie Kingery	Eric Thach

September Volunteer of the Month



BETTY MASTA

Betty joined D-RMSL in 2002, working in Medical Records on Thursdays and the Visitors Pass Desk on Sundays.

She and her late husband, Wesley, moved to Boca Raton from Michigan in 1985. She attended The Ohio State University and later worked as an administrative secretary to three vice presidents at Beaumont Hospital in Royal Oak, MI.

She has a daughter, Barbara, who lives in Sun City, AZ, and a son Bruce, who lives in Garland, TX. She now has five grandchildren and a great granddaughter, all living in Florida, except for one granddaughter who lives in Ohio.

In addition to Sunday afternoons, Betty is always willing to substitute at the Visitors Pass Desk. She enjoys walking and crossword puzzles.

Betty is always kind and helpful and willing to assist others, always with a smile. **Thank you, Betty, for your almost 7,500 hours of excellent and dedicated service to D-RMSL and Boca Regional.**

IN REMEMBRANCE OF:

Bob Temple

53rd Anniversary Luncheon

Reservation Form

Tuesday, October 27, 2015 | Doors Open at 11:00am
Boca West Country Club | 20583 Boca West Drive, Boca Raton

I, _____, would like to attend the 53rd Anniversary Luncheon along with the following guests:

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

My contact phone number is: (_____) _____

Enclosed is my check in the amount of \$ _____ for _____ people at \$35 each.
Make checks payable to D-RMSL.

Ticket includes champagne punch, hors d'oeuvres, lunch and complimentary valet parking.

Lunch will include baby field greens and fresh sliced seasonal fruits and berries; asian noodle salad; poached Atlantic salmon medallions; sliced grilled boneless chicken breast marinated with fresh herbs and spices; an assortment of warm, freshly baked gourmet rolls and banana chocolate bread; a beverage; and a dessert.

Please mail or drop off your check along with completed form to the Volunteer Office on or before
Friday, October 16.

If mailing check and completed form, mail to:

Debbie-Rand Memorial Service League, Inc.
Attn: Anniversary Luncheon
800 Meadows Road
Boca Raton, FL 33486

Volunteers in 'View — Gloria's Gifts



With the new Lynn Women's Health & Wellness Institute now open, we have also added eight volunteers to Gloria's Gift Shop located on the second floor overlooking the lobby. They provide assistance to family members looking for the perfect gift or ornament that will bring a smile to their loved one.

"I'll Be Seeing You..."

Joan Gridley

Where were you having lunch in October of 1962? Were you at Gloria Drummond's luncheon with 18 friends and acquaintances discussing how you can help serve in a new hospital in Boca Raton? This strong, insightful woman saw the need and decided to start the ball rolling, to do something about it and to create the Debbie-Rand Memorial Service League.

What did she see in the faces of these 18 women? I believe I know because I see it every day I volunteer here at Boca Raton Regional Hospital. I see "it" on their faces as they pass by my desk in the Volunteer Office. They have the look of determination, sympathy, concern and happiness.

Why are they here you ask? What do they get from working for no pay? Some of them are here because they are grateful to this Hospital for being here for them, their family or a friend when they were in need. Now they want to give back that care, that empathy and that love that they received. Some are here because they live alone and want to be of use, to have a purpose and to share their full hearts, which spill over with the love they have for their fellow human beings who are suffering. Some are here to get credit for school. Our volunteers come in all different sizes, colors, gender and for different reasons, but mostly because they choose to be here. They always remember a gift of time is just as important as a gift of money!

Thank you, Gloria, for giving us a place to use our strengths and talents in a way that will benefit those in need. Will I be going to the luncheon on October 27 to honor you? You bet I will! Will I be seeing **you** there?

What's Your Story?

This is a new feature geared towards allowing the volunteers to learn more about one another in a fun and interesting manner. A different question will be asked each month. Please submit answers to your President, Edmund Nasralla, at enasralla@brrh.com.

Q: What makes a special someone special?

A: Someone special is someone that you can talk to about anything and who can make you laugh. Someone who makes you happy and someone you could never forget; just someone that means everything to you.

- Submitted by S. Priyanka (TAV)

A: It is their sincere and profound words that leave an indelible imprint on a patient's life.

It is the way they enthusiastically come to the aid of others and they lift up others, even though they may be experiencing a major disappointment.

It is their caring nature that prevents those they touch from feeling forlorn and the daily acts of kindness that affects the lives of others.

It is the way they graciously give their time to us without expecting accolades and the way that they possess the softness of an angel, yet are always ready to be someone's rock.

It is in the way they share in the pain of others and readily delight in their bliss and what makes them special is that they are a D-RMSL Volunteer.

- Submitted by Aimee Yahn-Carmichael

Question for next month: What is the color of happiness?



Making Headlines is an effort to keep all of our employees, physicians and volunteers informed about news regarding the Hospital.

This section provides you with a list of recent press releases that have been submitted to the media, as well as to our local civic leaders and government representatives.

To review any of our press releases online, visit BRRH.com. You'll find all of our current announcements on the home page.

August 26

Fitch, Standard & Poor's Raise Boca Raton Regional Hospital Credit Rating for Second Time in 12 Months

August 24

Boca Raton Regional Hospital Becomes a Participating Member of Mothers' Milk Bank in Florida

SEPTEMBER						
S	M	T	W	T	F	S
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

SEPTEMBER 2015 Meetings & Events:

BOARD MEETING

WEDNESDAY, SEPTEMBER 16

Save the Date:

18th Annual Boca Raton Regional Hospital Golf Tournament

MONDAY, OCTOBER 12

Go Pink Luncheon

WEDNESDAY, OCTOBER 21

Anniversary Luncheon

TUESDAY, OCTOBER 27

Holiday Open House

TUESDAY, DECEMBER 8

Hospital Ball

SATURDAY, JANUARY 23, 2016

Allianz Golf Tournament

FEBRUARY 1 – 7, 2016

Mandatory Flu Shots



Boca Raton Regional Hospital's policy states that flu shots are mandatory for all Hospital employees and volunteers. The Centers for Disease Control and Prevention recommends annual influenza vaccination for all individuals six months of age and older, and mandatory healthcare worker vaccination is endorsed by several national medical societies.

Volunteers who choose not to receive a flu shot for religious or medical reasons must complete an exemption form, which can be obtained from the Volunteer Office. Volunteers who work in patient-care areas who are granted an exemption will be required to wear a mask while performing their duties throughout the entire flu season (December 1 through March 31).

Flu shots are covered by most health insurers and Medicare and are generally available at physicians' offices and pharmacies. Shots will be administered at the Hospital on a limited basis for volunteers who are unable to obtain them elsewhere. All volunteers must submit to the Volunteer Office either proof of receiving a current flu shot or a signed exemption form no later than December 1, 2015.

Upon submitting proof of receiving the flu shot, volunteers will have a designation sticker affixed to their Hospital identification badge. Thank you for your cooperation in adhering to our important policy.

Help Prevent Illness — Wash Your Hands

Guidelines from national and international infection prevention and control organizations have repeatedly acknowledged that handwashing is the single most important procedure for preventing infections.

The components of good handwashing include using an adequate amount of soap, rubbing the hands together to create some friction and rinsing under running water. The mechanical action of washing and drying your hands removes most of the transient bacteria present.




**BOCA RATON
REGIONAL HOSPITAL**
GIFT SHOP
561.955.4100



You'll Celebrate the Treasures You Find

Stop by the **Debbie-Rand Thrift Shoppe** for all the sales and to take advantage of great deals.

Monday – Saturday: 9am – 4pm
Sunday: 12pm – 4pm

903 Meadows Road, Boca Raton, FL 33486
Phone: 561.395.2208


**BOCA RATON
REGIONAL HOSPITAL**
DEBBIE-RAND THRIFT SHOPPE

Safety Matters: Volunteer Trivia

D-RMSL is committed to ensuring our volunteers have the knowledge needed to keep themselves and our patients safe. As part of this commitment, we will provide a monthly safety question in this newsletter. These questions represent what a volunteer may be asked by The Joint Commission surveyor during a visit.

Congratulations to **Evie Zimmerman**, who correctly answered July's question: **Where is the Boca Regional Patient and Guest Relations department located?** The correct answer is **in the Cardiac Rehab Suite off the main lobby**. Contact Aimee Yahn-Carmichael for your prize!

August's trivia question: **In our Hospital all emergencies and codes are announced over the loudspeaker, followed by the location of the emergency. Report all codes or any situation in which you feel that there is imminent danger. Dial ____ in the Hospital main building or ____-____ in all other areas.** Whomever emails the correct answer to Aimee at ayahn-carmichael@brrh.com will win two Cinemark Platinum Supersaver movie tickets. Best of luck!

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DEBBIE-RAND MEMORIAL
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800 Meadows Road
Boca Raton, FL 33486

561.955.4098

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- Serving Boca Raton Regional Hospital and the surrounding community since 1943
- Arrangements for all occasions: parties, weddings, Bar & Bat Mitzvahs
- Plants, balloons, plush novelties
- We can create very unusual designed personal floral pieces
- All Boca Raton Regional Hospital volunteers, employees and physicians receive **10% discount** on all in-store or locally delivered items, plus an additional 5% discount, which will go to the Debbie-Rand Memorial Service League

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