



  
 BOCA RATON  
 REGIONAL HOSPITAL  
 DEBBIE-RAND MEMORIAL  
 SERVICE LEAGUE, INC.

*November/December 2016*

# InnerView

THE NEWSLETTER OF THE DEBBIE-RAND MEMORIAL SERVICE LEAGUE



## HOLIDAY OPEN HOUSE

TUESDAY, DECEMBER 6, 2016 | 10:30AM – 3:00PM  
 MAIN LOBBY OF THE HOSPITAL

The Debbie-Rand Memorial Service League's Board of Trustees cordially invites you to attend our annual Holiday Open House. The event will be held on Tuesday, December 6, 2016 from 10:30am to 3:00pm in the main lobby of Boca Raton Regional Hospital. Our menorah will be on display and the tree lighting will begin at 10:30am.

Light refreshments of punch and cookies will be served, and the event will also include entertainment.

We hope you'll join us in celebrating the 2016 holiday season!

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**INTERESTED IN  
 VOLUNTEERING?  
 CALL 561.955.4098**

# MEMBERS CORNER



## MEMBERSHIP REPORT: SEPTEMBER 2016

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### Hours Report:

#### TEENAGE VOLUNTEERS (TAV):

1,121.63 hours  
81 TAVs

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#### COLLEGE VOLUNTEERS:

312.79 hours  
24 volunteers

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#### ADULT VOLUNTEERS:

8,992.56 hours  
394 volunteers

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#### TOTAL:

10,426.98 hours  
499 volunteers



## MEMBERSHIP REPORT: OCTOBER 2016

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### Active Members

General: 423  
TAV: 86 | College: 34 | Life: 15

### Inactive Dues-Paid Members

General: 478 | College: 4  
Life: 168

**Total: 1,208**

### Hours Report:

#### TEENAGE VOLUNTEERS (TAV):

1,164.09 hours  
80 TAVs

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#### COLLEGE VOLUNTEERS:

420 hours  
32 volunteers

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#### ADULT VOLUNTEERS:

7,749.91 hours  
394 volunteers

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#### TOTAL:

9,334 hours  
506 volunteers

## November Volunteer of the Month



**SERGIO  
RODRIGUEZ**

Sergio became a D-RMSL volunteer in 2013 working in Patient Financial Services, utilizing his strong financial background to support the work of the department. Two years later, he joined the D-RMSL Board of Trustees serving as Treasurer of the League.

Arriving from Cuba at age 17, his first job was unloading bales of tobacco from ships in Tampa. He found a private high school in Massachusetts, that in exchange for working he would be able to receive an education. After graduating, Sergio enlisted and served three years in the Army, specializing in personnel and finance. He was discharged in 1967 and became a U.S. citizen. He entered Miami Dade Junior College and then, while working days, he graduated from the University of South Florida with a degree in accounting.

In 1975, Sergio, his wife, Nela, and son, Daniel, moved to Boca Raton where he worked for a major wholesaler as their Controller. Retiring in 2007, he helped his son in his Marine Services business. Sergio and Nela have two granddaughters, Lauren and Daniella.

Sergio, many thanks for your support to D-RMSL and Boca Raton Regional Hospital and over 2,900 hours of service.

## December Volunteer of the Month



**ROBERT K.  
ROSTRON III**

Robert moved to Boca Raton in 1994 from suburban Philadelphia, where he worked for Sun Oil for 43 years. He also ran a construction business, and eventually started buying, renovating and flipping houses. Robert's son Robert IV, his two daughters, Margaret and Janie, granddaughter and two great grandchildren all live in suburban Philadelphia. Robert served in the 82nd Airborne from 1953 to 1955, particularly in the Artillery division for the last two years in Germany.

Robert's hospital volunteering began at the Delaware Medical Center in Wilmington where for six years he worked in the Emergency Room and on one of the nursing floors. In January 2005, Robert joined D-RMSL and for the past 11 years he has worked in Volunteer Services and the Patient Library. Shortly after joining he started in the Endoscopy Unit, where he now volunteers on Saturdays and Sundays.

According to the staff, "Robert is a very important part of the family. He is dedicated and responsible, always bringing a smile".

Thank you, Robert, for all you do to support D-RMSL and Boca Regional, and the over 14,785 hours you have volunteered.

## Welcome, New Volunteers

Kylie Alberts	Lauren Copeland	Mary Gorora	Maria Rosa Mangino	Andrew Torres
Emily Bamber	Caitlin Curran	Ilene Gleicher	Margie McGough	Maria Toustsoglou
Adriana Bautusta	Susan De La Torre	Ed Hart	Anne Negron	Guler Yisilayer
Samantha Beauvais	Barbara Edlund	Ryan Idriss	Curtis Petruzzelli	Tatiana Zoino
Deanna Blankenship	Radica Chan Farouk	Ralph Kassie	Usha Polavarapu	
Vanessa Bosch	Wenda Filsaime	Kathleen Kelley	Carolina Rodriguez	
Helen Calabrese	Lenore Freeman	Joyce Kleiner	Joseph Ruggiero	
Sara Channaoui	Stuart Friedman	Tatyana Johnson	Sonali Solanky	
Jan Chipkin	Nicole Gile	Mary Ann Leahy	Nicole Stuckey	
Alma Colas	Laura Goldstein	Barbara Levine	Felicia Taylor	



## A Message from Your President

**"Peace on earth, good will toward men."**

For two thousand years this has been the clarion call to every person on Earth.

This salutation announces the start of the season of giving and receiving, and of generosity and gratitude as we prepare to give our best selves and the sharing of our treasure with family, friends and those in need.

Happily, we welcome our seasonal volunteers returning to join with us in giving, without reservation, the precious gift of our time as we have done for the past 54 years.

We are on schedule to contribute over 150,000 service hours to the Hospital this year and, in addition, applauded our volunteers at the first Celebration of Service and Annual Meeting, hosted our fabulous 54th Anniversary Luncheon, sponsored the successful Art of Recovery program and recently opened our Debbie-Rand Scrubs & Uniform Shop. We also lauded Aimee Yahn-Carmichael, Director of Volunteer Services and Retail Operations, for winning the Sally Sitta Commitment to Excellence in Volunteer Administration Award. She was also voted the 2017 president for the Florida Association of Directors of Volunteer Services.

To our Board of Trustees and all who wear the blue jackets, thank you for your work and support in these accomplishments. My gratitude is beyond measure.

My prayer for you this holiday season is that we continue to share our abundance, that we enjoy and bless each other, and for all to have a healthy, happy and prosperous new year.

– Edmund Nasralla, President of the Debbie-Rand Memorial Service League

## TAV Spotlight

### D-RMSL Teenage Volunteer Service Excellence Award



BRIAN NUDELMAN

Brian became a D-RMSL volunteer in the spring of 2015. Since joining, Brian has volunteered over 225 hours of service. He will graduate in 2017 from Florida Atlantic University (FAU) High School. In addition to receiving his high school diploma, Brian will receive an FAU Bachelor of Science degree in biological sciences.

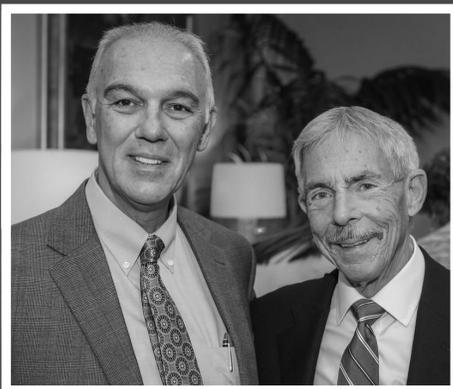
Brian plans to attend FAU's Master of Science Program working towards a degree in biomedical sciences with the goal of attending medical school.

Born in Boca Raton, Brian is the son of Gennady, an entrepreneur, and Tatyana, also an entrepreneur with a Flower Toy online business that uses flowers to create amazing animal arrangements. Brian has a younger sister, Nicole, who attends Omni Middle School and plans to attend FAU High School.

Brian is on the swim team and also the club swim team at Pine Crest School, where he attended prior to entering the FAU program. He also enjoys playing water polo for fun. Brian was highly recommended for this recognition and is willing to help by doing anything that is asked of him by the Volunteer Services staff. Their comment: "He is the first one up to respond to a request."

Brian, D-RMSL and Boca Regional thank you for your two years of service.

# Debbie-Rand Memorial Service League's 54th Anniversary Luncheon





## The Art of Recovery

The Art of Recovery is a new pilot program initiated in July by Jamil Wilcox, who is a pre-med student studying Neuroscience at Florida Atlantic University and the Director of the Art of Recovery program. The program at the Marcus Neuroscience Institute (MNI) provides a source of therapy for patients to express themselves through art. The type of art available to patients is comprised of painting and drawing. Research supports that art therapeutics help patients with their mental, physical and emotional well-being, oftentimes reducing their pain and stress levels. It also offers a creative process through the act of self-expression. A major benefit of the program is the improvement of patient and family satisfaction during their stay. We've had many touching stories over the last month and would like to share one that stood out:

"We had a wonderful patient stay with us for nearly two weeks with most of their time spent bed ridden. The first time we asked him to participate in the program he was reluctant to try it as he had never painted before. Even though he didn't participate, he enjoyed his conversation so much he agreed to participate two days later. He told us that he really enjoyed his experience and was so proud of his piece of art, so we hung it in his room. Sadly, three days later he passed away. We were able to give his family his art work and they were so touched to have it, knowing he was so proud of his accomplishment and enjoyed his time painting. The patient's family said they plan on displaying his piece of art during the funeral service."

Special thanks to our sponsor, the Debbie-Rand Memorial Service League. Also, thanks to Noreen Buss, Patient/Family Liaison at MNI, and Kendra Kent, Clinical Director at MNI, the Art of Recovery coordinators and the nursing staff for their cooperation in encouraging patients to be part of the program. The Art of Recovery is available for patients on Tuesdays, Thursdays and Sundays from 7:00pm to 8:30pm.



**Making Headlines** is an effort to keep all of our employees, physicians and volunteers informed about news regarding the Hospital.

This section provides you with a list of recent press releases that have been submitted to the media, as well as to our local civic leaders and government representatives.

To review any of our press releases online, visit [BRRH.com](http://BRRH.com). You'll find all of our current announcements on the home page.

**November 9**

Local Neurosurgeons Join Marcus Neuroscience Institute at Boca Raton Regional Hospital

**November 15**

Boca Raton Regional Hospital Presented With Seven Seals Award

## Veterans Day *Written by Roger Farleigh*

Each Veterans Day, Boca Regional celebrates and honors its own physicians, employees and volunteers who are veterans, as well as the millions throughout the country for their service. They, whether draftee or volunteer, and their families have given of themselves and sacrificed so much to preserve our long lived and remarkable democracy. A testament to that achievement is the peacefully concluded contest for political power we have just witnessed in our presidential election.

As a volunteer, I am touched and inspired by the many active service members and veterans who work at or visit Boca Regional. I remember the new father who was anxious to get everything right for his wife and newborn son before being redeployed to Afghanistan. And many, many veterans have shared with me their experiences and the pride they have in their service. I once asked the wife of a World War II veteran how she felt when her husband volunteered for the Navy while employed in an exempt-from-the-draft occupation. Paraphrasing her, she stated "He had no choice; it had to be done." That spirit lives.

## Now Open

# Debbie-Rand Scrubs and Uniform Store

The Debbie-Rand Scrubs and Uniform Store is now open. Located on the second floor of the Christine E. Lynn Women's Health & Wellness Institute. The shop features scrubs, uniforms and accessories for all departments.

## NOVEMBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## DECEMBER

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOVEMBER / DECEMBER 2016

### Meetings, Events & Important Dates:

#### THANKSGIVING DAY

THURSDAY, NOVEMBER 24

#### HOLIDAY OPEN HOUSE

TUESDAY, DECEMBER 6

#### HANUKKAH BEGINS

SATURDAY, DECEMBER 24

#### CHRISTMAS

SUNDAY, DECEMBER 25

#### KWANZAA BEGINS

MONDAY, DECEMBER 26

## September Volunteer of the Month



JUDY LEE

Judy Lee joined D-RMSL in September 2011 and began volunteering in the Gift Shop on Wednesday mornings. In 2014, she added an assignment as an Ambassador at the Marcus Neuroscience Institute. Originally from Elmsford, New York, she and her husband, Karle, married 51 years, moved to Boca Raton 19 years ago. While living in Matawan, New Jersey, Judy worked in the Human Resources

Department at the Marlboro Psychiatric Hospital for 15 years and Karle owned restaurants. After moving to Florida, he worked at his son's law firm and Judy worked at the well-known Dolly Duz shoe store.

Judy and Karle have three sons, all living in Boca, and four grandchildren. Eric, an attorney, and his wife, Dawn, have two daughters, Taylor, who attends Palm Beach State College and coaches gymnastics, and Samantha, who attends Florida State University. Their son, Jonathan who works in computer point-of-sale equipment and his wife, Danielle, have two children. Their son Bryan, has graduated both Fire and Rescue and is studying for his paramedic degree at Palm Beach State College, and Jordyn is in her senior year at West Boca Raton Community High School. Their third son, Robert, is the Executive Chef at Brio in Boca Center.

Judy keeps very busy with her family and volunteering, but in her free time she enjoys reading.

Judy, D-RMSL and Boca Regional, thank you for nearly 1,400 hours of service you have volunteered at our Hospital.

## Hoffman's Chocolates Sale

Hoffman's Chocolates is pleased to display a kiosk benefitting the Debbie-Rand Memorial Service League on Friday, December 2, from 8:30am to 2:30pm, in the Bistro. Hoffman's Chocolates will offer a variety of beautifully designed gift baskets, chocolate assortments and platters that make perfect holiday gifts.

For pre-orders, please contact Tammy Mannarino at 561.523.8215 or [tmannarino@hoffmans.com](mailto:tmannarino@hoffmans.com). A portion of the proceeds will benefit the D-RMSL Scholarship Fund. Mark your calendar for December 2!





BOCA RATON  
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GIFT SHOP

561.955.4100

## Safety Matters: Volunteer Trivia

D-RMSL is committed to ensuring our volunteers have the knowledge needed to keep themselves and our patients safe. As part of this commitment, we will provide a monthly safety question in this newsletter. These questions represent what a volunteer may be asked by The Joint Commission surveyor during a visit.

Congratulations to **Nona Goldstein**, who correctly answered last month's questions: **True or False? To be compliant with the Hospital's hand hygiene policy, volunteers are required to always wash their hands or utilize a foam station before entering a patient's room, even when performing non-contact tasks such as providing a magazine or delivering flowers. The answer is true.** Contact Aimee Yahn-Carmichael for your prize!

Next edition's trivia question: **True or False? Volunteers may lift or move patients into or out of wheelchairs as part of the volunteer service.** The first person who emails Aimee at [ayahn-carmichael@brrh.com](mailto:ayahn-carmichael@brrh.com) with the correct answer will win Cinemark Platinum Supersaver movie tickets. Good luck!



You'll Celebrate the Treasures You Find

Stop by the **Debbie-Rand Thrift Shoppe** for all the sales and to take advantage of great deals.

**Monday – Saturday: 9am – 4pm**  
**Sunday: 12pm – 4pm**

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