

Women Living with Heart Disease Support Group



Fall 2021 Virtual Meetings

**Second Thursday
of the month**

1:30 – 3:00 p.m.

Presented on Zoom

For information or to **RSVP**, contact Tammy Benson at 954-240-6397 or Nancy Edelman at 561-289-8975.



Christine E.
**Lynn Women's Health &
Wellness Institute**
BAPTIST HEALTH SOUTH FLORIDA

WomenHeart and the Christine E. Lynn Women's Health & Wellness Institute offer monthly support groups for women living with heart disease.

- Learn how to improve your heart health.
- Meet and connect with other women living with heart disease or a cardiac condition.
- Hear from a variety of healthcare and wellness professionals.

Join our email list for important health updates at WIPrograms@brrh.com.

To learn more about WomenHeart, visit WomenHeart.org.